

A U S S C H R E I B U N G
4. internationales PAMINA nachwuchsschwimmfest
um den Wanderpokal der EU-Kommission
am 16. und 17. März 2013 in Bad Bergzabern

4ème rencontre internationale PAMINA des jeunes espoirs
de natation
Challenge de la Commission européenne
16 au 17 mars 2013 à Bad Bergzabern

1. Abschnitt: Samstag, 16. März 2013	Einlaß:	08.30 Uhr
	Beginn:	09.30 Uhr

Wettkampf 1:	200 m Lagen männlich	born 1998/99	2:33 / 2:38
2:	100 m Brust weiblich	00/01	1:34 / 1:38
3:	100 m Rücken männlich	96/97	1:09 / 1:11
4:	100 m Freistil weiblich	02/03	1:26 / 1:26
5:	100 m Rücken männlich	00/01	1:24 / 1:27
6:	100 m Schmetterling weiblich	98/99	1:21 / 1:25
7:	100 m Brust männlich	02/03	1:45 / 1:45
8:	4 x 100 m Lagenstaffel weiblich	96 -2003	5:30

Wanderpreis der Deutschen Olympischen Gesellschaft

9:	4 x 100 m Lagenstaffel männlich	96 - 2003	5:00
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Wanderpreis des Staatsministers des Inneren und für Sport

2. Abschnitt: Samstag, 16. März 2013	Beginn:	14.00 Uhr
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Wettkampf 10:	100 m Freistil weiblich	96/97	1:04 / 1:07
11:	100 m Freistil männlich	96/97	0:57 / 0:59
12:	200 m Lagen weiblich	00/01	2:50 / 2:55
13:	100 m Schmetterling männlich	98/99	1:15 / 1:17
14:	100 m Brust weiblich	02/03	1:45 / 1:45
15:	200 m Lagen männlich	00/01	2:48 / 2:50
16:	100 m Rücken weiblich	98/99	1:23 / 1:26
17:	100 m Freistil männlich	02/03	1:26 / 1:26
18:	200 m Lagen weiblich	96/97	2:43 / 2:45
19:	4 x 100 m Freistilstaffel männlich	96-2003	4:20

Wanderpreis des Präsidenten des Sportbundes Rheinland-Pfalz

20:	4 x 100 m Freistilstaffel weiblich	96- 2003	4:40
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Wanderpreis des Bundesministers für Familie, Jugend und Gesundheit

3. Abschnitt: Sonntag, 17. März 2013	Einlaß: 8.00 Uhr
	Beginn: 9.00 Uhr

Wettkampf 21:	100 m Brust weiblich	98/99	1:30 / 1:33
22:	100 m Schmetterling männlich	00/01	1:27 / 1:35
23:	100 m Freistil weiblich	00/01	1:13 / 1:16
24:	100 m Brust männlich	98/99	1:22 / 1:26
25:	100 m Schmetterling weiblich	02/03	1:45 / 1:45
26:	100 m Brust männlich	96/97	1:14 / 1:17
27:	100 m Rücken weiblich	96/97	1:18 / 1:20
28:	100 m Rücken männlich	02/03	1:43 / 1:43
29:	200 m Lagen weiblich	98/99	2:45 / 2:48
30:	100 m Brust männlich	00/01	1:33 / 1:36
31:	100 m Freistil männlich	98/99	1:03 / 1:05

4. Abschnitt: Sonntag, 17. März 2013	Beginn: 14.00 Uhr
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Wettkampf 32:	8 x 50 m Freistilstaffel 96 - 2003 (mixed) abwechselnd weiblich/männlich <i>Wanderpreis Alica und Ilan Rontal ISRAEL</i>		
33:	100 m Schmetterling weiblich	96/97	1:17 / 1:19
34:	100 m Rücken weiblich	00/01	1:28 / 1:30
35:	100 m Schmetterling männlich	96/97	1:07 / 1:09
36:	100 m Freistil weiblich	98/99	1:10 / 1:13
37:	100 m Schmetterling männlich	02/03	1:45 / 1:45
38:	100 m Rücken weiblich	02/03	1:43 / 1:43
39:	100 m Freistil männlich	00/01	1:10 / 1:14
40:	100 m Brust weiblich	96/97	1:26 / 1:29
41:	100 m Rücken männlich	98/99	1:17 / 1:20
42:	100 m Schmetterling weiblich	00/01	1:38 / 1:42
43:	200 m Lagen männlich	96/97	2:26 / 2:29

männlich - male - garçon - hombres - decki weiblich - female - filles - mujeres -
delice

Freistil - freestyle - stilo libero - nage libre_ - libres - - prosto

Brust - breaststroke - rana - brasse - braza - prsno

Rücken - backstroke - dorso - dos - espalda - hrbtno

Schmettertern - butterfly - farfalla - papillon - mariposa - delfin

Lagen - medley - stilo mixti - 4 nages - estilos

General Rules:

1. The competition will be organized in accordance with the regulations of the German Swimming Federation. All foreign clubs and nationals, regionals or departmental selections, whose national Swimming Federation is affiliated to the FINA, have the right of entry.
2. The indoor swimming pool is 25 m long and has six lanes separated by anti wave lane lines. The depth of water is 2.10m to 3.60m and its temperature 27°C. Time keeping by automatic omega electronic system, with full 6 lane display board.
3. There will be only one start for each heat - no false start
4. Each swimmer achieving the time limits has the right to compete. Foreign clubs are requested to indicate on the entries the name, first name, sex, year of birth, event entered for and the best time achieved in a 25 m pool. Please use the enclosed entry form.
5. The entry closing date is fixed on 23rd February 2013 at above address.
6. Entry fee: Individual events: 6,00 EURO Relay events: 10,00 EURO
This can be paid in cash in Bad Bergzabern
or to TVBB - Schwimmen account: 109 306 Sparkasse Sued (BLZ 548 500 10)
BIC: LANS DE 55 IBAN: DE69 5485 00100 000 109 306.
7. The grouping of swimmers into heats will be based on their individual performances and not on their year of birth. The results of each event will be evaluated separately for each group of swimmers born in the same year.
8. The first three swimmers of each discipline and relay receive medals and the first six receive certificates. Awards to the best swimmers of each age group (LEN table).
9. The winners of the relays receive cups. The cups become permanent property of the team which wins it three times in row or five times with interruptions.
10. The CUP of The EUROPEAN COMMISSION will be awarded to the best team according to the following criteria: 1st 7p, 2nd 5p, 3rd 4p,..... 6th 1p / relay: 1st 14p, 2nd 10p, 3rd 8p....
11. For foreign teams: full board accommodations will be given to 10 participants (only swimmers) for 4 days (arrival: 03.15 departure: 03.18) which will give their confirmation 1st of January 2013. The swimmers will be housed by host-families of our club.
For overseas teams: the organizing committee will arrange the transfer from and to the air-port (Frankfurt).
12. All adult members of the participating clubs are cordially invited to attend a party on Saturday night. Please indicate the number of persons that will be attending when submitting the entry forms.
The swimmers are invited to attend our Fare-Well-Disco after the meeting on Sunday afternoon.

R E P L Y
F O R M

Please return this form very soon to:

TV Bad Bergzabern SCHWIMMABTEILUNG
Klaus Janson
Wallonenstraße 11
D - 76887 Bad Bergzabern/Germany
Phon: 06343 - 1683 Fax: 06343 - 8378
e-mail : swimming@t-online.de

NAME of Club/Association:.....
Name des Vereins/Verbandes

NAME of Contact Person:.....

Postal
Zip-Code.....Town:.....Country.....

Phon.:..... Fax:.....

Approximate number of deligation:..... davon /there of
Stärke der Mannschaft Jungen / Boys
 Mädchen / Girls
 Trainer/Coaches (mal/fem)
 Mannschaftsführer/Leader

Is there insurance cover for medical treatment in Germany ? yes no
Besteht Versicherungsschutz für medizinische Versorgung?

Date of arrival(Ankunft):..... by/mit: Car/Auto Train/Bahn
Plane/Flugzeug

Date of departure(Abreise).....

.....
(signature)

Preliminary application would be appreciated as soon as possible
Vorläufige Anmeldung erbeten bis 1. Dezember

We are looking forward meeting you in Bad Bergzabern
Best regards

Klaus Janson
-Schwimmabteilung-

