

**5th internationales PAMINA nachwuchsschwimmfest  
challenge trophy of EU-Kommission  
15th and 16th of march 2014 in Bad Bergzabern**

**5ème rencontre internationale PAMINA des jeunes  
espoirs de natation  
Challenge de la Commission européenne  
15 au 16 mars 2014 à Bad Bergzabern**

<b>1<sup>st</sup> Part: Saturday, 03.15. 2014</b>	<b>opening: 08.30 h</b>
	<b>first start: 09.30 h</b>

Event	1:	200 m medley male	born 1999/00	2:33 / 2:38
	2:	100 m breaststroke female	01/02	1:34 / 1:38
	3:	100 m back male	97/98	1:09 / 1:11
	4:	100 m free female	03/04	1:26 / 1:26
	5:	100 m back male	01/02	1:24 / 1:27
	6:	100 m fly female	99/00	1:21 / 1:25
	7:	100 m breaststroke male	03/04	1:45 / 1:45
	8:	4 x 100 m medley female	97 -2004	5:30
		<i>challenge trophy: Deutsche Olympische Gesellschaft</i>		
	9:	4 x 100 m medley male	97 - 2004	5:00
		<i>challenge trophy: Staatsminister des Inneren und für Sport</i>		

<b>2<sup>nd</sup> Part: Saturday 03.15.2014</b>	<b>first start: 14.00 h</b>
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Event	10:	100 m free female	97/98	1:04 / 1:07
	11:	100 m free male	97/98	0:57 / 0:59
	12:	200 m medley female	01/02	2:50 / 2:55
	13:	100 m fly male	99/00	1:15 / 1:17
	14:	100 m breaststroke female	03/04	1:45 / 1:45
	15:	200 m medley male	01/02	2:48 / 2:50
	16:	100 m back female	99/00	1:23 / 1:26
	17:	100 m free male	03/04	1:26 / 1:26
	18:	200 m medley female	97/98	2:43 / 2:45
	19:	4 x 100 m free male	97-2004	4:20
		<i>challenge trophy: Präsident des Sportbundes Rheinland-Pfalz</i>		
	20:	4 x 100 m free female	97- 2004	4:40
		<i>challenge trophy: Bundesminister f Familie, Jugend u. Gesundheit</i>		

**3rd Part: Sunday 03.16. 2014****opening: 8.00 h****first start: 9.00 h**

Event	21:	100 m breaststroke female	99/00	1:30 / 1:33
	22:	100 m fly male	01/02	1:27 / 1:35
	23:	100 m free female	01/02	1:13 / 1:16
	24:	100 m breaststroke female	99/00	1:22 / 1:26
	25:	100 m fly female	03/04	1:45 / 1:45
	26:	100 m breaststroke male	97/98	1:14 / 1:17
	27:	100 m back female	97/98	1:18 / 1:20
	28:	100 m back male	03/04	1:43 / 1:43
	29:	200 m medley female	99/00	2:45 / 2:48
	30:	100 m breaststroke male	01/02	1:33 / 1:36
	31:	100 m free male	99/00	1:03 / 1:05

**4th Part: Sunday 03.16.2014****first start: 14.00 h**

Event	32:	8 x 50 m free 97 - 2004 (mixed) alternately female/male <i>challenge trophy: Alica und Ilan Rontal ISRAEL</i>		
	33:	100 m fly female	97/98	1:17 / 1:19
	34:	100 m back female	01/02	1:28 / 1:30
	35:	100 m fly male	97/98	1:07 / 1:09
	36:	100 m free female	99/00	1:10 / 1:13
	37:	100 m fly male	03/04	1:45 / 1:45
	38:	100 m back female	03/04	1:43 / 1:43
	39:	100 m free male	01/02	1:10 / 1:14
	40:	100 m breaststroke female	97/98	1:26 / 1:29
	41:	100 m back male	99/00	1:17 / 1:20
	42:	100 m fly female	01/02	1:38 / 1:42
	43:	200 m medley male	97/98	2:26 / 2:29

männlich - male - garçon - hombres - dečki weiblich - female - filles -  
mujeres - delice

Freistil - freestyle - stilo libero - nage libre\_- libres - - prosto

Brust - breaststroke - rana - brasse - braza - prsno

Rücken - backstroke - dorso - dos - espalda - hrbtno

Schmetter - butterfly - farfalla - papillon - mariposa - delfin

Lagen - medley - stilo mixti - 4 nages - estilos

General Rules:

1. The competition will be organized in accordance with the regulations of the German Swimming Federation. All foreign clubs and nationals, regionals or departmentals selections, whose national Swimming Federation is affiliated to the FINA, have the right of entry.
2. The indoor swimming pool is 25 m long and has six lanes separated by anti wave lane lines. The depth of water is 2.10m to 3.60m and its temperature 27°C. Time keeping by automatic omega electronic system, with full 6 lane display board.
3. There will be only one start for each heat - no false start
4. Each swimmer achieving the time limits has the right to compete. Foreign clubs are requested to indicate on the entries the name, first name, sex, year of birth, event entered for and the best time achieved in a 25 m pool. Please use the enclosed entry form.
5. The entry closing date is fixed on 17th February 2014 at:  
TV Bad Bergzabern SCHWIMMABTEILUNG  
Wallonenstraße 11  
D - 76887 Bad Bergzabern/Germany  
e-mail : swimming@t-online.de
6. Entry fee: Individual events: 6,00 EURO Relay events: 10,00 EURO  
This can be paid in cash in Bad Bergzabern  
or to TVBB - Schwimmen account: 109 306 Sparkasse Sued (BLZ 548 500 10)  
BIC: LANS DE 55 IBAN: DE69 5485 00100 000 109 306.
7. The grouping of swimmers into heats will be based on their individual performances and not on their year of birth. The results of each event will be evaluated separately for each group of swimmers born in the same year.
8. The first three swimmers of each discipline and relay receive medals and the first six receive certificates. Awards to the best swimmers of each age group (LEN table).
9. The winners of the relays receive cups. The cups become permanent property of the team which wins it three times in row or five times with interruptions.
10. The CUP of The EUROPEAN COMMISSION will be awarded to the best team according to the following criteria: 1st 7p, 2nd 5p, 3rd 4p, ..... 6th 1p / relay: 1st 14p, 2nd 10p, 3rd 8p....
11. For foreign teams: full board accommodations will be given to 10 participants (only swimmers) for 4 days (arrival: 03.14 departure: 03.17) **which will give their confirmation 1st of January 2014.** The swimmers will be housed by host-families of our club.  
For overseas teams: the organizing committee will arrange the transfer from and to the air-port (Frankfurt).
12. All adult members of the participating clubs are cordially invited to attend a party on Saturday night. Please indicate the number of persons that will be attending when submitting the entry forms.  
The swimmers are invited to attend our Fare-Well-Disco after the meeting on Sunday afternoon.

